

RS AERO 2024 EUROPEAN CHAMPIONSHIPS

RS100 / RS 200 / RS 700 - EURO CUP

Hosted by YC Carnac

From June 21st to June 24th 2024



SAILING INSTRUCTIONS

Whatsapp: <https://chat.whatsapp.com/FuFZdMAJhppGwU7qGJ597h>

ORGANISING AUTHORITY

This event will be organised by YC Carnac in conjunction with the RS Class Association and the RS Aero International Class Association.

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a)

The notation [DP] in a rule means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

The Regatta is governed by:

- 1.1 The rules as defined in The Racing Rules of Sailing,
- 1.2 National prescriptions, translated for non-French speaking competitors, as given in the NOR, named "National prescriptions".
- 1.3 The FFVOILE prescriptions that apply as given in the NOR
- 1.4 The International RS Class and the RS Aero International Class Rules will apply.
- 1.5 In case of translation of these sailing instructions, the English text will take precedence.
- 1.6 When RRS 20 applies, a boat may signal her need for room.
- 1.7 RRS Race Signals AP, 33, 35, 60.1(a), 60.1(b), 61.3, 62.1(a), 62.2, A2 A5.1 and A5.2 will be changed. RRS Race Signals 31, 44.1 will be changed for all fleets except RS200 & RS Aero. The changes appear, in full, in this Sailing Instructions.

2 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

Notices to competitors will be posted on the official notice board located <https://www.yccarnac.com/regates-morbihan/europeen-rs-2024>

4 CODE OF CONDUCT

[DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the main flagpole situated at the end of the pier beside the main slipway
- 5.2 When AP flag is displayed ashore, '1 minute' is replaced by not less than 45 minutes' in Race Signals AP. This changes race signals AP.
- 5.3 [DP] When D flag is displayed with one sound any boats shall not leave the shore until this flag is displayed. The warning signal will not be made before the scheduled time or less than 45 minutes after flag D is displayed.

6 SCHEDULE OF RACES

6.1

| Date | Time | Event |
|--------------------------------|-----------------------|--|
| Friday 21 st June | 11:30 13:30 | Competitors Briefing 1st Warning Signal - 2 Races |
| Saturday 22 nd June | 11:30 | 1 st Warning signal – 3 Races |
| Sunday 23 rd June | 11:00 | 1 st Warning signal – 3 Races |
| Monday 24 th June | 10:30 After racing | 1 st Warning signal – 2 Races Prizes ceremony and closing ceremony |

- 6.2 To alert boats that the first race or sequence of races will start soon, an orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made
- 6.3 For each class, the maximum number of races is 10. No more than 4 races will be sailed in one day. At the discretion of the Race Officer and the Class Representative the schedule may be altered to allow for any inclement weather forecasts.
- 6.4 On last racing day scheduled, no warning signal will be made after 14:00 for each class.

7 CLASS FLAGS

- RS100 RS 100 Class Flag (red)
- RS 200 RS 200 Class Flag (yellow)
- RS 700: RS 700 Class Flag (grey)
- RS Aero 5 Black numeral 5 with a light blue background
- RS Aero 6 Black numeral 6 with a purple background

RS Aero 7 Black numeral 7 with a yellow background

RS Aero 9 Black numeral 9 with a pink background

8 RACING AREA

The racing areas is located in the Bay of Quiberon. See appendix A of SI.

9 COURSES

9.1 Courses to be sailed will be described in Appendix B: the order in which marks are to be passed and the side on which each mark is to be passed.

10 MARKS

The course marks are described in Appendix B of these SIs.

11 RESERVED

12 THE START

12.1 Starts will be in accordance with rule 26.

12.2 The starting line will be either between a mast displaying an orange flag on the Committee Boat at the starboard end and a mast displaying an orange flag on the pin end boat at the port-end or between a mast displaying an orange flag on the Committee Boat at the starboard end and the port-end starting mark.

12.3 A boat starting later than 4 minutes after her starting signal will be scored DNS (Did Not Start) without a hearing. This changes RRS A4.1.& A5.

12.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence of other races.

12.5 One starting procedure will be made for each Class.

However Race Committee may decide to group few Classes in a single starting procedure.

13 CHANGE OF THE NEXT LEG OF THE COURSE

RRS 33 will not apply.

14 THE FINISH

The finishing line will be between a staff displaying a blue flag on the committee boat at the port end and the course side of the starboard end finishing mark.

15 PENALTY SYSTEM

15.1 For all the class(es), except the RS200 and RS Aero, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty, including 1 tack and 1 gybe.

15.2 RS 100s and RS 700s boats may touch a mark other than the starting or the finishing mark. A boat shall not manhandle a mark when it results in an advantage. This change RRS 31.

15.3 Appendix P will apply changed as follow:

First and Second Penalty :

When a boat is penalised under rule P1.2 for the first or second time during the event, her penalty shall be a Two-Turns Penalty under rule 44.2. If she fails to take the penalty she shall be disqualified without a hearing.

Third and Subsequent Penalties

When a boat is penalised a third or subsequent time during the event, she shall promptly retire. If she fails to do so she shall be disqualified without a hearing and her score shall not be excluded.

16 TIME LIMITS

16.1 The target time limit for all fleets is 45 minutes.

16.2 Boats failing to finish 20 minute after the first boat in her class sails the course and finishes will be scored DNF (Did Not Finish) without a hearing. This changes RRS 35, A5.1 and A5.2

16.3 In addition to RRS 32, the race committee may also award a finishing score to a boat that is still racing by displaying to her from a committee vessel (which may be in motion) flag W with one sound signal. A boat so notified is no longer required to sail the course, shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this sailing instruction will be the score she would have received had she sailed the course and finished within any time limit, without gaining or losing any place. However, when two or more boats that are overlapped are notified, they will be scored as if they were tied. The decision by the race committee to use this procedure or not to use it shall not be grounds for requesting redress. This changes rules 60.1(b) and 62.1(a).

17 HEARING REQUESTS

17.1 The protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is the later. This changes RRS 61.3 and 62.2.

17.2 Hearing Request forms are available at the 'accueil' 1st ground floor of the YC Carnac.

17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

17.4 Hearings will be held in the protest room: 1st floor of YC Carnac.

18 SCORING

18.1 1 race is required to be completed to constitute a series.

18.2 a) When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.

b) When 4 races to 7 more have been completed; a boat's series score will be the total of her race scores excluding her worst score.

(c) When 8 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

19 SAFETY REGULATIONS

19.1 Personal Flotation Devices for crew members shall be worn at all times whilst afloat. This changes RRS 40 and the preamble to Part 4.

19.2 A boat that retires shall sign a declaration form on coming ashore before the end of protest time. The forms will be available in the race office "accueil" 1st ground YC Carnac.

19.3 All competitors must sign a "checking OUT form before departure and checking IN after coming back ashore each day. The checking place will be in front of Britannia Bar, ground floor YC Carnac.

The time limit for checking OUT will be the starting time for the first race, each day.

The time limit for checking in will be the protest time limit, each day.

19.4 Penalty for breaking SI 19.3:

Competitor shall receive a penalty of 10% calculated on the number of boats entered in her Class without hearing (change RRS 63.1):

- On first race of the day for default check OUT
- On the last race of the day for default check IN
- on all races of the day in case of default Check OUT + IN

But no more than DNF.

19.5 When the race committee considers that a boat or competitor is in difficulty it may instruct the boat or competitor to accept outside help, retire or sail ashore.

19.6 In accordance with RRS 50 and WORLD SAILING Case 89, no clothing or equipment may be worn on the body of helm or crew to carry liquid of any description, even if for the purpose of re-hydration; this includes camelbacks, water bottles and cans of drink.

20 REPLACEMENT OF CREW OR EQUIPMENT

20.1 [DP] [NP] Substitution of competitors is not allowed without prior written approval of the race committee.

20.2 [DP] [NP] Substitution of damaged or lost equipment is not allowed unless authorised by the race committee. Requests for substitution shall be made at the first reasonable opportunity.

21 EQUIPMENT AND MEASUREMENT CHECKS

[NP] A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.



22 OFFICIAL BOATS

Official boats will be marked: Yacht Club de Carnac flag or sticker

Jury: Yellow flag with JURY in blue dark

Failure to display “flag” will not be grounds for a protest by a boat. This change RRS 60.1(a).

23 SUPPORT TEAMS

23.1 [NP] [DP] All support boats, including coach, press, private and spectator boats, will be required to register during the registration period and will be required to pay a support boat fee for the duration of the event.

23.2 [NP] [DP] All support boats shall clearly display the “yellow jacket” (in exchange of a deposit of 10 euros) always supplied by the OA while afloat.

In addition the following equipment must be on board:

- life jackets (minimum 50N) must be permanently worn by all persons on board,
- a VHF,
- a knife,
- an anchor with adapted anchor line,
- a 15 meter long towing line 10mm,
- A kill cord connected to the pilot while the engine is running, and a spare one available on board (in accordance with Division 240)

23.3 [DP] The support boats shall stay more than 150 meters to leeward of the starting line and from the leeward marks and from any boat race from the time of the preparatory signal until a boat have finished the last race of the day, or a race is abandoned.

23.4 Support boats shall be controlled within the race area, they will not be free to roam up and down the course during racing.

24 TRASH DISPOSAL

Trash may be placed aboard official or support person vessels.

25 BERTHING

[DP] [NP] Boats shall be kept in their assigned places in the dinghy park.

26 PRIZES

26.1 The RS Aero European Champion trophies and titles shall be awarded to the first competitor from a European nation or with their main residence within a European nation.

If more than 10 registered vessels in rig size, prizes for:

RS Aero 5: 1 / 2 / 3

RS Aero 6: 1 / 2 / 3

RS Aero 7: 1 / 2 / 3

RS Aero 9: 1 / 2 / 3

Always 1st Female & 1st Youth (under 22 on 31st December 2024)

If less than 10 boats, then prize for 1st place

26.2 RS100/RS200/RS700 Prizes will be given as follows 1 / 2 / 3.
And first female, first youth (under 22 on 31st December 2024).
If less than 10 boats per class, then prize for 1st place.

26.3 The club may award other prizes, dependent on numbers.

27 RISK STATEMENT

RRS 3 mentions: « The responsibility for a boat's decision to participate in a race or to continue *racing* is hers alone. » Participating in this event, each competitor agrees and acknowledge the fact that sailing is potentially a dangerous activity with specific risks. These risks include strong winds and rough sea, sudden changes of weather conditions, failure of equipment, mistakes in boat handling, bad navigation of other boats, loss of balance on unstable surface, and causing increased risk of injury. The risk of material and/or physical damage is therefore inherent in the sport of sailing.

28 TIDE SCHEDULE

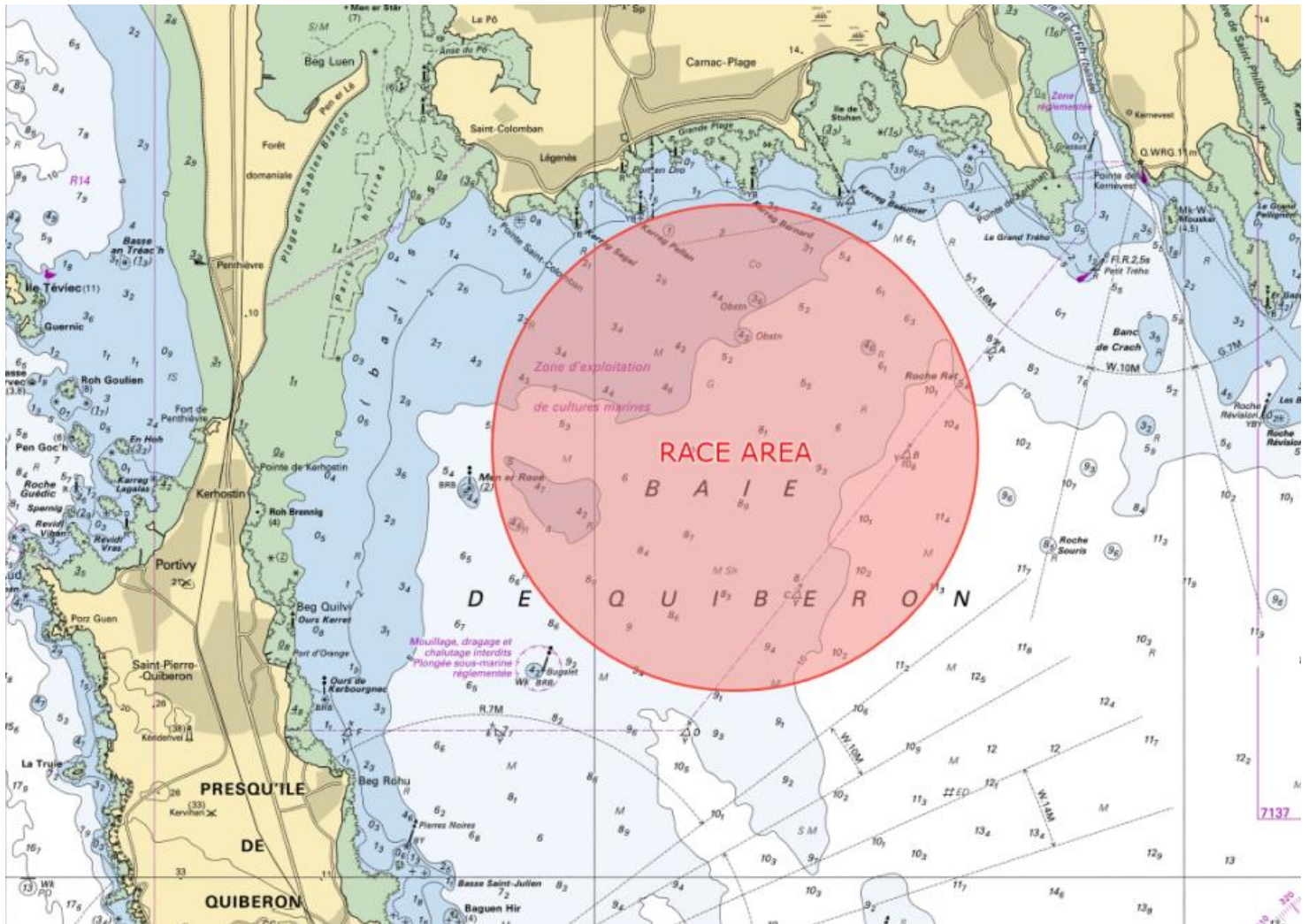
| Day | Hight Tide | Low Tide | Coef |
|----------|------------|----------|------|
| 21/06/24 | 05:04 | 11:19 | 72 |
| 22/06/24 | 05:46 | 11:59 | 76 |
| 23/06/24 | 06:28 | 12:41 | 80 |
| 24/06/24 | 07:11 | 13:24 | 81 |

Race Committee: Patrick LONGUET
Mireille LONGUET

Protest Committee: Patrick VILAIN
Alain CHAMPY
Claude PETIT

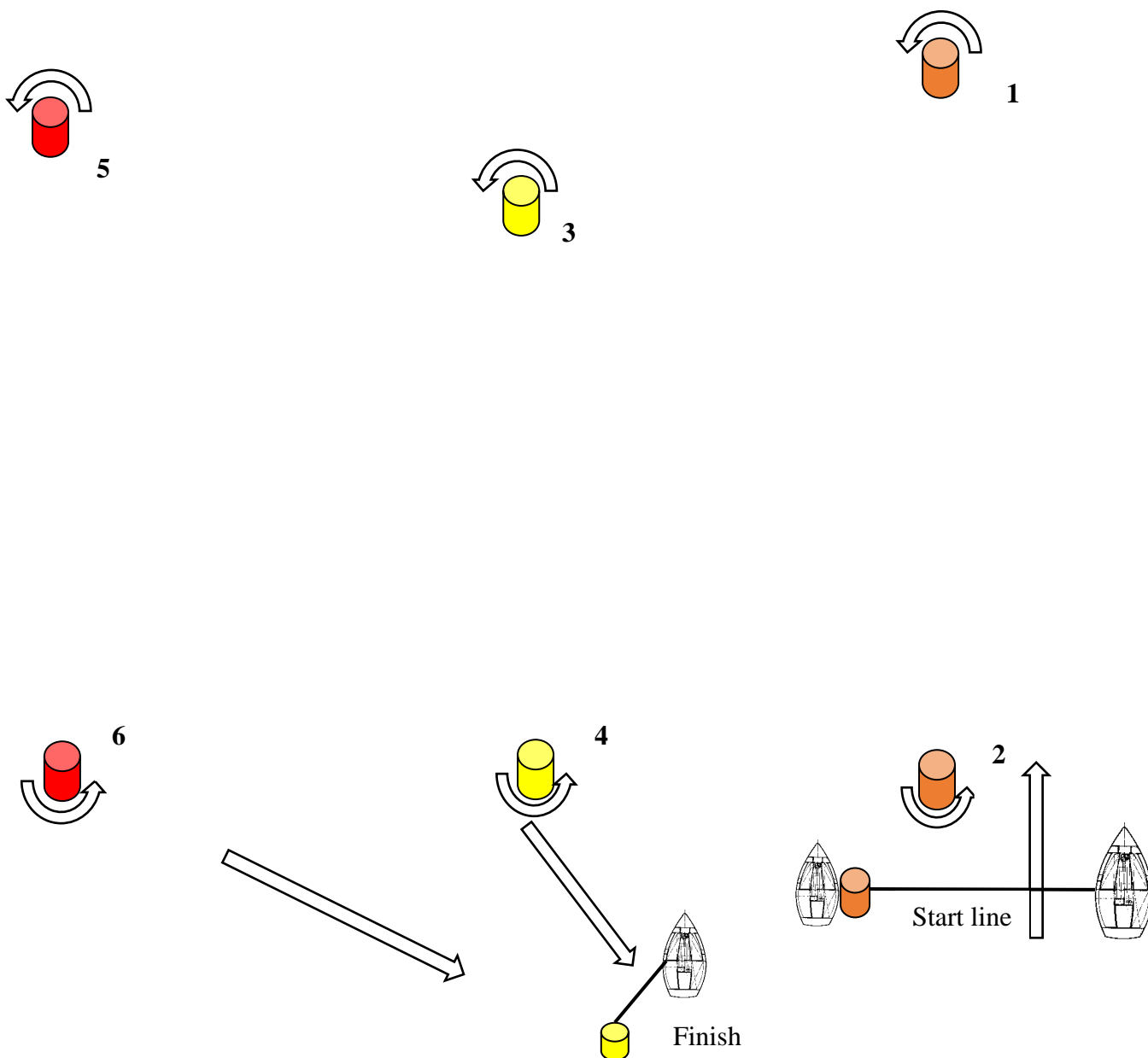
APPENDIX A

RACE AREA



APPENDIX B COURSES

(Note that this sketch is not to scale. Distances, angles... will be adjusted at sea according to fleet and weather conditions)



RS 700: Start/1/5/6/5/6/5/6/Finish
RS 100/200: Start/1/5/6/5/6/Finish

RS Aero 5/ Aero 6: Start/1/3/4/3/4/Finish
RS Aero 7 / Aero 9: Start/1/2/1/3/4/Finish

| Start line | 1 | 2 | 3 | 4 | 5 | 6 | Finish line |
|---|----------------|----------------|----------------|----------------|-------------|-------------|---|
| Committee Boats or Committee boat + Orange buoy | Orange buoy | Orange buoy | Yellow buoy | Yellow buoy | Red buoy | Red buoy | Committee Boat + slim Yellow buoy |